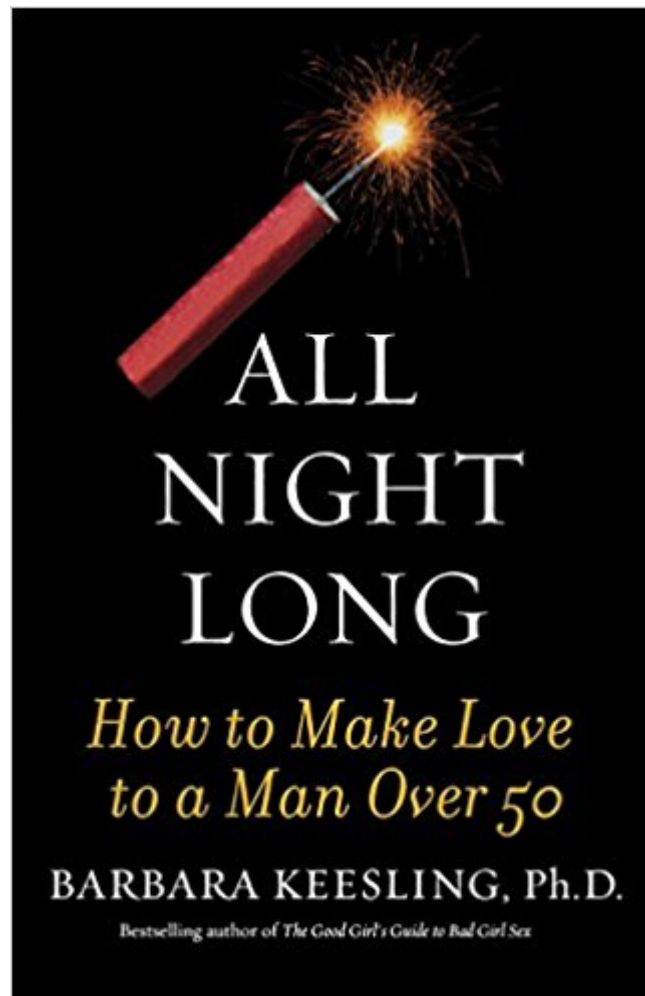




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All Night Long: How To Make Love To A Man Over 50



Synopsis

This book is not about Viagra—it is about making love. Getting older really does mean getting better. By taking the mystery out of the aging process, this book educates, reassures, and reinvigorates.

Book Information

Paperback: 224 pages

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Customer Reviews

"Turning 50 can be one of the most powerful and positive sexual passages in a man's life," writes Barbara Keesling, a sexuality and psychotherapy educator. However, "the focus has to be on lovemaking, not erections--on partnership, not performance." After 50, men's sexual response is affected by the "Big 5": stimulation, circulation, lubrication, stress, and sleep. Keesling teaches women (and men) how to understand how the "Big 5" affect sex, and specifically what to do about each of them. For example, anything that affects blood flow affects erections: temperature, time after eating, position, friction, gravity, and illness, to name just a few. Keesling presents a series of exercises designed to keep your man "sexually fit, sexually focused, and sexually fabulous for decades." Some are performed during lovemaking; others are completely separate from sex. Some are done by the woman on the man; others by the man on his own. She also offers her 21 "home remedies" for maximizing sexual enjoyment. Keesling stresses that mental attitudes--yours and his--are as important as the physical exercises. Understanding his aging process will help you accept his changes and adapt your lovemaking so that it's still exciting, loving, and satisfying, even though it may be quite different. Keesling isn't just talking about sex--she's talking about intimacy, acceptance, and love. And those can be powerful aphrodisiacs. --Joan Price --This text refers to an

out of print or unavailable edition of this title.

Here's another title in the gush of "boomer's and older" sex books within the last few years. Keesling, a sex therapist for ten years and the author of several other sex manuals, focuses not on illnesses associated with aging that affect sex but on coping with the normal and gradual decline in the speed and intensity of male sexual response. Se prescribes two approaches for women partners: firstly, find the advantages in your man's sexual changes and use them to improve your sex life together; secondly, work with your main in a series of exercises to enhance circulation to his genital area and to increase his sexual sensitivity. Her warm and colloquial approach makes a sense for enhancing intimacy as well as sexual response. A short appendix reviews methods for treating true, organic impotence. Although illustrations would have been useful, this is a fine book and is recommended to complement more medical works like Williamson's Great Sex After 40. Martha Cornog, Philadelphia, PA Copyright 2000 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

I was very appreciative of the blend of specific information about how to handle the physical changes of aging with the focus on the context of a loving relationship. The one thing I would have been interested in learning more about was how to approach a new man as a single woman. However, over all, the book delivered and gave me a lot of information and confidence.

Already had this but thought i'd lost it.so bought it again. Excellent.however,a cooperative partner is key

This is a must read for all women. Extremely informative. He may not need Viagra only your knowledge of what's happening to his body and how you can make him COME ALIVE AGAIN!

The book was very informative.

I learned a lot from this book--my husband is a tad over 50 so we will implement these ideas as we go along. Very good read.

Practical Common Sense approach.

Hard to read and doesn't help the problem with older men. Title doesn't really cut it. Not worth the expense of buying it.

The information is well presented, respectful, and useful. I found the exercises and techniques to make an immediate difference. I could not have been happier with my purchase of this book.

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